

**MEDICINES**  
My current medicines include:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ALLERGIES**  
I am allergic to:

Bee Stings \_\_\_\_\_  
 Penicillin \_\_\_\_\_  
 Food \_\_\_\_\_  
\_\_\_\_\_  
 Other \_\_\_\_\_  
\_\_\_\_\_

**IN CASE OF EMERGENCY**

I CARRY AN EPINEPHRINE AUTOINJECTOR

\_\_\_\_\_  
(Emergency Contact Name & Relation)

\_\_\_\_\_  
(Emergency Contact Phone)

\_\_\_\_\_  
(Blood Type)

**VACCINE RECORD**

Influenza \_\_\_\_\_  
(Date)

Pneumococcal \_\_\_\_\_  
(Date)

Shingles \_\_\_\_\_  
(Date)

Tetanus \_\_\_\_\_  
(Date)

*Knowledge*  
is the best medicine



Keep this medication card in your wallet or purse

State Representative  
**AARON MILLER**

House District 59

(877) 262-5959 • AaronMiller@house.mi.gov  
www.RepAaronMiller.com



*We're here to help!*

If you have a concern with state government that I can assist you with or if you have an issue you would like to share with me, please contact my office:

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*Longevity for Michigan*

I hope all is well with you and your family. This newsletter provides updated information on what we've done in the Legislature to help all Michigan senior citizens. You also can be assured that we'll continue to advocate strongly on your behalf.

You've worked extremely hard to build our economy, raise our families and provide for our future here in Michigan, and now it's our turn to provide for you. My colleagues and I wholeheartedly believe it is our responsibility to work for you and all residents.

We're proud of our record over the last six years to improve the lives of seniors. We've approved common-sense reforms to better protect seniors from both physical and financial abuse. It is my privilege to serve as your state representative. If you have any questions or concerns, please do not hesitate to contact me.

Sincerely,



STATE REPRESENTATIVE **AARON MILLER**  
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# STATE REPRESENTATIVE AARON MILLER

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## Protecting Michigan's seniors

One of my biggest priorities as your state representative is making sure we're doing all we can to protect our most vulnerable citizens – especially the elderly.

For instance, the current crime of fourth-degree vulnerable adult abuse is not broad enough, and we believe it should cover intentional acts that pose an unreasonable risk of harm to seniors regardless of whether physical harm results. House Bills 5420 and 5422 better protect senior citizens by addressing and deterring situations involving potential abuse or neglect.

The legislation is fair and reasonable because it is consistent with other statutes that criminalize abuse of other vulnerable residents, notably children. Similar to the proposed legislation, fourth-degree child abuse does not require any physical harm. Our legislation is a positive step forward to help keep vulnerable senior citizens out of harm's way.

## Our efforts have saved lives during the opioid epidemic

House Republicans have focused on combatting the opioid epidemic that is sweeping through Michigan and the nation. Senior citizens can be susceptible to these types of highly addictive pain medications.

We have ensured that first responders have medication on hand to save lives, as well as making the inhibitor medications available to friends and family members of those who are recovering. We also expanded current law so people can seek help for friends who are in an overdose without facing criminal charges for doing so.

Prescription drug and opioid abuse has tripled since 1990. Opioids include drugs like Vicodin, OxyContin, Percocet, morphine and codeine. Michigan ranks 10th nationally in per capita prescription rates of opioid pain relievers and 18th in the nation for all overdose deaths.

## House Republicans are working to keep families together



During the first decade of the 21st century, Michigan was the only state in the country to lose population. It's an appalling statistic, but the real-world result of this mass exodus affected many Michigan families on a personal level. Our children and grandchildren were forced to move out of the state to find work.

House Republicans are working diligently to make sure people of all ages have more reasons to live and work in our beautiful state. Our economic policies have helped create 475,000 private-sector jobs during the last six years. Not only does Michigan have more jobs, they are good, high-paying jobs. Jobs that will help keep multi-generational families intact and together.

Our reforms are bringing about economic recovery. Michigan's unemployment now stands at 4.5 percent, the lowest since January 2001. Michigan also has the fastest growth in personal income in the Midwest and the third-fastest growth nationally.

We're happy to report Michigan's population increased for the fourth straight year in 2015. We realize it's everyone's hope that their grandchildren are never farther than a bike ride away, so we'll continue to fight to get more Michigan families to come home.

MEDICAL INFORMATION CARD - CUT AND FOLD TO KEEP IN YOUR PURSE OR WALLET

**IMPORTANT QUESTIONS** to ask your health care providers

What is the name of this medicine and what is it supposed to do?

How and when do I take it and for how long?

Are there any foods, drinks or other medicines or activities I should avoid while taking this medicine?

What are the possible side effects and what should I do if they occur?

Will this prescription work safely with the other medicines I'm taking (including nonprescription medicines)?

FOLD HERE

- My medical conditions include:
- Abnormal EKG
  - Arthritis
  - Cancer
  - Cardiac Conditions
  - Depression
  - Diabetes
  - Epilepsy
  - Hearing Impairment
  - Hemophilia
  - High Blood Pressure
  - Memory Impairment
  - Pacemaker
  - Visual Impairment
  - Other

FOLD HERE

## PERSONAL Medical Data

(Name)

(Address)

(City, State, Zip)

(Primary Doctor)

(Doctor Phone)

(Pharmacy)

(Pharmacy Phone)